

SPORT WARMING MASSAGE

With Aloe Vera

The Exialoe **Sport Warming Massage** lubricates and favours the stretching and the contraction of the muscle mass, increasing blood flow and the lymphatic flow of the athlete.

It works with balsamic effect for cervical and joint (knees, elbows, ankles, etc.) pains.

If you are a sportsperson or starting to be, the Sport Massage will be your ally, warms up the muscle, avoids injuries, relaxes it, and prepares it for the competition. And something important: after the massage, exercise your mind, visualise your objective and go for it! You will achieve whatever you want.

ACTIVE INGREDIENTS

Aloe Barbadensis: It has **anti-inflammatory** and **firming** effect for the skin. Besides, it is **relaxing** because it has analgesic qualities and for them, they are used to give massage.

Camphor: In the skin it gives you a cold/warm feeling. It is considered a rubefacient which locally applied increases the **vasodilation** improving **blood flow**.

Avocado Oil: It is rich in amino-acids, proteins, as well as vitamins A, C, D and E. It helps to increase the **elasticity**, **hydrate** and **smooth** dry or cracked skin.

Almond Oil: It has **hydrant**, **calming**, **healing** and **smoothing** qualities.

Rosemary essential Oil: Due to its analgesic, antirheumatic and anti-inflammatory qualities, it activates blood flow and improves the movements of joints and muscles. It is highly effective to treat joint rheumatisms, contractures, and traumatic conditions such as contusions or sprains. It also has a calming effect that helps to treat arthritis and rheumatism. It provides elasticity, firmness, and luminosity to the skin. It contributes to improve the appearance of stretch marks.

Olive Oil: It is rich in antioxidant and Vitamins A, B, C, E. It also has many vital proteins for the **construction and repair of the tissues** strengthening the cutaneous barrier.

It has other ingredients which together promotes its effect and increase the vasodilation improving blood flow.

MODE OF USE:

Apply a dosage and extend it on the area to treat with an energetic and ascending massage. You will notice how blood circulation activates, blood vessels open, and the area warms up.

Use it before doing any sport, to prepare and warm up the muscle reducing the pain and regulating the muscular tone. It oxygenates and provides flexibility.

If you apply it after physical exercise, you will accelerate the muscle recovery by helping to its relaxation and releasing stress.

Apply it also to improve and recover from injuries, illnesses or when muscles are tense or sore.



Mix it with the Relax Cold Gel, you will see how the synergy of ingredients of both products exercise an even better result on muscle and joint pains.



Bottle of 250 ml (ref.1410)
Bottle of 500 ml (ref.1420)

FORMULA (Ingredients)



Aqua, Aloe Barbadensis Leaf Extract (Juice) *, Caprylic / Capric Triglyceride, Polyglyceryl- 3 Methylglucose Distearate, Glycerin, Alcohol Denat, Persea Gratissima Oil, Prunus Amygdalus Dulcis Oil, Isopropyl Myristate, Stearyl Alcohol, Camphor, Glyceryl Stearateis Leafmaris Leaf Oil, Tocopherol, Cera Alba, Helianthus Annuus Seed Oil, Phenoxyethanol, Dimethicone, Imidazolidinyl Urea, Carbomer, Parfum, Methyl Salicylate, Ethylhexylglycerin, Disodium EDTA, Triethanolamine, Citric Acid, Ascorbic Acid, Sodium Benzenate, Sodium Sorulfite, Sodium Benzenate, Sodium Sorulfite, Sodium Benzoate , Limonene **, Linalool **.

* Ingredient certified with the IASC seal and from organic farming.

** Naturally present in essential oil.

Contains 15% Aloe barbadensis leaf juice, 3% Alcohol Denat, 1.8% Camphor, 0.1% Methyl Salicylate, 0.01% Methyl Nicotinate.

DID YOU KNOW THAT...?

It helps to improve microcirculation, relieving the problems derived from bad blood flow as the ones that come with inflammatory processes.